Parent Resource Guide
An extensive guide of community resources.

XtraMath.org
https://www.xtramath.org
Nonprofit organization dedicated to math achievement for all. Their goal is to develop effective, efficient, adaptive and intrinsically rewarding supplemental math activities and make them available for free.

Brain Pop
http://www.brainpop.com/
BrainPOP creates animated, curriculum-based content that engages students, supports educators, and bolsters achievement.

Copiague Public Library
http://live-brary.com/brainfuse
Live academic assistance is available from Mon - Sun 2:00:00 PM -- 11:00:00 PM. You will need to enter a valid library card barcode number to access this help.

Parents. The Anti-Drug
http://www.theantidrug.com/
TheAntiDrug.com was created to equip parents and other adult caregivers with the tools they need to raise drug-free kids. Working with the nation's leading experts in the fields of parenting and substance abuse prevention, TheAntiDrug.com serves as a drug prevention information center, and a supportive community for parents to interact and learn from each other.

NetSmartz
http://www.netsmartz.org/Parents
NetSmartz Workshop is an interactive, educational program of the National Center for Missing & Exploited Children® (NCMEC) that provides age-appropriate resources to help teach children how to be safer on- and offline. The program is designed for children ages 5-17, parents and guardians, educators, and law enforcement. With resources such as videos, games, activity cards, and presentations, NetSmartz entertains while it educates.

Mental Health Association in Suffolk
199 North Wellwood Avenue, Lindenhurst
631-226-3900
Information and referral hotline, free support groups hosted throughout Suffolk County.

Long Island Families Together (LIFT)
193 Broadway Suite A
Amityville, NY 11701
A parent governed organization which provides a strong voice for families of children with emotional, behavioral and mental disorders.
Response of Suffolk County - Crisis Intervention and Suicide Prevention Hotline
http://www.responsehotline.org/
Call our 24-hour Crisis Hotline (631)751-7500 or the National Suicide Prevention Lifeline
(800)273-TALK

Alternatives for Youth (AFY)
Screening Unit Phone: (631) 853-7889 or (631) 853-5281; Monday through Friday 8:30-5:00
The program provides parents with an alternative outside of the juvenile justice system. This
program is the first place that parents should call for help with children under the age of 18 who
exhibit a pattern of incorrigible behaviors (runaways, curfew violations etc.) in the home. They
provide intake, evaluation and provision of services within 48 hours of initial contact for a period of
30 days.

Hope For Youth
201 Dixon Avenue
Amityville, NY 11701
(631) 691-5100 (nightline 631-389-1080)
Operates an array of services for children, youth and families, which span a continuum of care from
out-patient clinical and preventive services to foster care, diagnostic and emergency services and
other residential programs including our original therapeutic group home program. We serve
children as young as six months of age through age twenty one and families from across the Long
Island region.

Suffolk County Youth Bureau
(631) 853-8270
Provides information and referral for the general public. Administers all youth programs in Suffolk
County including runaway and transitional independent living.

Suffolk County Department of Labor
Youth Career Center (631) 853-6526
Offers employment related services to Suffolk County youth. The Center offers youth career
counseling, resume preparation, computer labs, job listings, vocational training, video library,
phones/fax for job search and career exploration via Career Zone and Choices. Additional
programs include: In-School (ages 14-21) and Out-of-School (ages 16-21) Youth Work Experience
Programs, which are federally funded, school based programs for economically disadvantaged, at-
risk youth, and the Summer Youth Employment Program designed to provide first-time work
experience opportunities to economically disadvantaged youth.

SCOPE
http://www.scopeonline.us/
SCOPE Education Services provides quality programs for children, parents, community members
and professional educators for Long Island School Districts, helping them to meet the educational
needs of their communities. Some services are preschool, child care, and enrichment camps.

Cold Spring Harbor Labs
Each summer they offer fun and challenging camps at the DNALC's two Long Island centers in Cold Spring Harbor and Lake Success, for science enthusiasts entering 6th–12th grade.

**Hofstra Enrichment Camps**
Offers a variety of opportunities for children ages K-9th grade. The topics range from sports camps, actors workshops, web publishing to science.

**Camp Energy**
http://www.gocampenergy.org/
A fun and informative healthy changes camp experience featuring nutrition and exercise education, how to sessions on preparing healthy meals, and fitness.

**Copiague Youth League**
http://copiagueyouthleague.org/
Offers children the opportunity to play organized sports.

**Suffolk County Police Department**
Police Athletic League (PAL) (631) 852-6109
www.suffolkcountypal.org
PAL is a non-profit organization that provides organized sports program throughout Suffolk County for children 5-18 years of age. It was created with the intent of giving children healthy social and behavioral skills that would reduce their susceptibility to gang involvement, alcohol and drug use, and delinquency.

**Big Brothers Big Sisters of Long Island**
70 Acorn Lane, Levittown, NY 11756
(516) 731-7880
To promote the positive growth and development of Long Island’s children by providing quality mentoring, education and support services.